



“Health and well-being in all policies: Thailand experience”

Monday 21st to Friday 25th November 2022

Background

The World Health Organization (WHO) defines health as ‘Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.’ In other words, the WHO definition links health explicitly with wellbeing, and conceptualizes health as a human right requiring physical and social resources to achieve and maintain. ‘Wellbeing’ refers to a positive rather than neutral state, framing health as a positive aspiration.

The social determinants of health (SDH) are the non-medical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life. Classically defined behavioral and environmental risk factors (e.g. tobacco use, alcohol use, unhealthy diet, unsafe sexual behavior) are strongly influenced by complex existing and emerging factors in society, which present challenges to health and well-being in countries and globally.

Health in all policy (HiAP) is one coordination approach that influence health consider and equity impact to public policies across sector to avoid harm and improve the health for all populations. This approach will enhance health equity and well-being to all communities and all people as well. HiAP also recognizes that population health is not merely a product of health sector programmes but largely determined by policies that guide actions beyond the health sector. Policy in every sector of government can potentially affect health and inequities in health. Using a HiAP approach aims to address policies such as those

influencing transport, housing and urban planning, the environment, education, agriculture, finance, taxation and economic development so that they promote overall health and health equity.

To Promote Health in All Policies by countries implementation HiAP and intersectoral action, WHO support countries and stakeholders to focus the social determinants of health by engaging in various action involving capacity building with training resources. In addition, giving advice to their network in terms of HiAP. In country level, to support policy makers, leaders, and health provider to develop action and coherence in policies relevant. Lastly, cooperation with partnership to train and link with other governance to improve intersectoral planning for health in all policy.

And since 2018, the Global Network for Health in All Policies (GNHiAP) was introduced by the governments of Sudan, Finland, NHCO Thailand, the Province of Québec, and the State of South Australia at the World Health Assembly (WHA71) side event to advocate country led initiative on HiAP. The network has an ultimate goal to work with different stakeholders from different sectors at all levels to address social determinants of health by strengthen the HiAP approach and to support the implementation of SDGs and UHC by building capacity, sharing knowledge, promoting community practice and supporting evidence to inform policy.:[Source [NHCO Thailand: https://en.nationalhealth.or.th/the-global-network-for-health-in-all-policies-gnhiap/](https://en.nationalhealth.or.th/the-global-network-for-health-in-all-policies-gnhiap/)]

The covid-19 pandemic affects health in all countries with its impact on health, social, economy. Multi-sectoral collaboration between health and non-health sector is required to enhance health benefit and implementation the health policy in order to provide health equity and accessibility linkage with well-being in all countries.

To create experience sharing platform, Thai UHC Alliance partners compose of the Ministry of Public Health (MOPH), National Health Security Office (NHSO), Thai Health Promotion Foundation (ThaiHealth) and National Health Commission Office, Thailand (NHCO) in cooperation with the International Health Policy Program (IHPP) and the Enhancing Leadership on Global Health-Thailand under the WHO Country Cooperation Strategy (CCS-EnLIGHT) will organize *an onsite workshop to share experience of Thai Universal Health Coverage and HiAP experiences which supports Thailand health system under theme*

“Health and well-being in all policies: Thailand experience”. The workshop aims at building capacity of countries with high political commitment to understand more Thailand’s experience and apply the knowledge to real actions based on their context.

In addition, this workshop is the second workshop about Thailand experience on UHC and health system. In 2021, Thailand organized *Thai UHC Journey workshop: How Thailand Achieved Good Health at Low Cost?* with aimed to building capacity of countries with high political commitment to achieving UHC and to share Thailand’s experience to real actions based on their context. Ultimately, the workshop also promotes South-South technical collaborations. To learn more about the previous online workshop please visit : <https://en.nationalhealth.or.th/online-workshop-on-thai-uhc-journey-october-25-29-2021/Link 2021>

A. Workshop objectives

1. To share experience and lessons learn of Thailand’s experience in the real actions.
2. To exchange experience of other countries on their movement towards health and well-being in all policies.
3. To build up networking among participants and speakers and keep network sharing.

B. Expected outputs of the training workshop

1. The participants will learn more knowledge and an understand on all policy in health and linkage with factors to avoid health harmful and inequity all levels. To receive information on countries’ experiences and implementation on health policy issues.
2. According to participants’ country context, the participants can apply Thailand’s experience to develop/improve policy implementation options based on their own country context.
3. Each participant would be developing their own capacity and gain more networks among other participants and speakers.

C. Venue and Time Schedule:

The programs are scheduled, Monday 21st – Friday 25th November 2022, Time: 0900-1600 (BKK time)

D. Requests and Other Information

- **Participant selection criteria**

1. Working in the field related to Health in all Policy, Universal Health Coverage including health systems, health promotion and participation in all levels.
2. Be able to fully participate in whole period of workshop
3. Sufficient command of spoken, written, and communicated in English
4. Having background on health and/or experience in field health policy for at least three years.

- **Workshop application process**

All application will need to complete the application form and submit before Friday **30 September 2022** and be reviewed and selected by Thai UHC Alliance Team. Application results will be notified through via email by **first week of October 2022**

Please be noted that you MUST provide us with an EMAIL ADDRESS for registration or access to our program documents.

- **Required documents for the application:**

- Application with photo
- Curriculum Vitae

Certification of Completion.

Participants who fulfill all the workshop program requirements will be given a certificate of completion.

E. Logistic Arrangement (Financial acknowledgement/Requirement)

The host organizations will be responsible for:

- Workshop expenses including meeting package (2 breaks and lunch) daily during the whole of workshop.
- Transportation between hotel to venue of workshop during the workshop period

The host organizations request the sending participant to take responsibility for:

- The airfare
- Domestic transportation expense in your country and incurred within Thailand (back and forth to airport)
- Other expenses incurred by travel preparations such as obtaining a passport, visa, health insurance and medical certificate
- Hotel accommodation during the workshop period
- Per-diem during the workshop period

Visa

- Please find the visa requirement information from <http://www.mfa.go.th/main/en/services/4908>. If you need to obtain a visa, please submit a paper and apply in a nearest Royal Thai Embassy or a Royal Thai Consulate General. According to the Immigration Bureau of Thailand, Nationals of the following countries/ regions may enter and stay in Thailand for a maximum period of 30 days without a visa

Summary of Countries and Territories entitled for Visa Exemption and Visa on Arrival to Thailand

Ordinary Passport					Diplomatic/Official Passport				
Nationals of the following countries may apply for Visa on Arrival	Nationals of the following countries may enter Thailand without a visa				Nationals of the following countries may enter Thailand without a visa				
	Tourist Visa Exemption Scheme			Bilateral Agreement	Bilateral Agreement				
Period of stay	Period of stay			Period of stay			Period of stay		
15 days	** 30 days			14 days	30 days	90 days	30 days	90 days	
Andora	Australia	Oman	* Brazil	Cambodia	Hong Kong	Argentina	Cambodia	Albania	Nepal
Bulgaria	Austria	The Philippines	* Korea (ROK)		Laos	Brazil	Brunei	Argentina	Panama
Bhutan	Belgium	Poland	* Peru	Myanmar	Macau	Chile	China	Austria	Peru
China	Bahrain	Portugal		<i>(International Airports only)</i>	Mongolia	Korea (ROK)	Ecuador	Belarus	The Philippines
Cyprus	Brunei	Qatar			Russia	Peru	Hong Kong	Belgium	Poland
Ethiopia	Canada	Singapore			Vietnam		Indonesia	Bhutan	Romania
India	Czech Republic	Slovak					Laos	Brazil	Russia
Kazakhstan	Denmark	Slovenia					Macau	Chile	Slovakia
Latvia	Estonia	Spain					Mongolia	Colombia	South Africa
Lithuania	Finland	South Africa					Myanmar	Costa Rica	<u>Spain</u>
Maldives	France	Sweden					Oman	Croatia	(Diplomatic only)
Malta	Germany	Switzerland					<u>Pakistan</u>	Czech Republic	Sri Lanka
Mauritius	Greece	Turkey					(Diplomatic only)	<u>Estonia</u>	Switzerland
Romania	Hong Kong	UAE					Singapore	(Diplomatic only)	Tajikistan
San Marino	Hungary	UK					Vietnam	<u>France</u>	Tunisia
Saudi Arabia	Iceland	USA						(Diplomatic only)	Turkey
Taiwan	Indonesia	Vietnam						Germany	Ukraine
Ukraine	Ireland							Hungary	Uruguay
Uzbekistan	Israel							India	
	Italy							Israel	
	Japan							Italy	
	Kuwait							Japan	
	Liechtenstein							Korea (ROK)	
	Luxembourg							Liechtenstein	
	Malaysia							Luxembourg	
	Monaco							Malaysia	
	The Netherlands							Mexico	
	New Zealand							Montenegro	
	Norway							Morocco	
								<i>(as of 18 Feb 2016)</i>	
								The Netherlands	

- (For more info, please see <http://www.consular.go.th/main/th/customize/62281-Summary-of-Countries-and-Territories-entitled-for.html>)

F. Covid-19 Policy entry to Thailand

Please kindly visit : <https://tp.consular.go.th> for more information.

G. For more information or further questions, please contact email: ThaiUHCjourney@gmail.com

Please scan below QR code for more details on this workshop



Tentative schedule for workshop

Time	Content	Responsible person
Day1 21st November 2022		
0900-0930	<ul style="list-style-type: none"> Welcome remarks and opening remark. Briefing objectives of this training workshop 	TBC
0930-1200	<p>Session 1 Overview of Thailand's health system development and UHC</p> <ul style="list-style-type: none"> Brief on evolution of health system development including PHC How Thailand achieved UHC? Health outcomes <p>(60 mins presentation and 60 mins Q&A)</p> <p>Coffee breaks include this session</p>	International Health Policy Program
1200-1300	Lunch	
1300-1530	<p>Session 2 Health in All Policy (HiAP)</p> <ul style="list-style-type: none"> Definition of HiAP Concept of HiAP Thailand's experiences on HiAP 	International Health Policy Program
Day 2 22nd November 2022		
0900-1030	<p>Session 3 Health and Well-being in all Policies through Health Promotion</p> <ul style="list-style-type: none"> Health and Well-being in all Policies through Health Promotion in Thailand (30 mins presentation) 	International Relations Team, ThaiHealth Promotion Foundation (ThaiHealth)

Time	Content	Responsible person
	<ul style="list-style-type: none"> Health Promotion In Practice: Lesson Learned from Thai Health Promotion Foundation (ThaiHealth) (10 mins VTR, 40 mins presentation) 	
1030-1100	Coffee break	
1100-1200	<ul style="list-style-type: none"> Discussion and Q&A on Health Promotion 	International Relations Team, ThaiHealth Promotion Foundation (ThaiHealth)
1200-1300	Lunch	
1300-1530(atThaiHealth Center, Sathorn, Bangkok)	<p>Session 4 Visit to the ThaiHealth Center</p> <ul style="list-style-type: none"> Travel to the ThaiHealth Center (30 mins) Welcome Remarks by the CEO of Thai Health Promotion Foundation (10 mins) Walking tour of the ThaiHealth Center's health promotive designs and exhibitions (90 mins) Summary & Conclusion (20 mins) 	International Relations Team, ThaiHealth Promotion Foundation

Day 3 23 rd November 2022		Training Venue at Room#201, NHSO HQ
0900-0915	Greeting by Secretary General of National Health Security Office (NHSO) (5mins) VDO: UHC Thailand's health care system: an inspiration to countries worldwide (10 mins)	National Health Security Office (NHSO)
0915-12.00	Session 5: Universal Health Coverage (UCS) , Governance , Success and Challenge <ul style="list-style-type: none"> • Overview of the scheme • Governance issues • Health financing, effective purchasing and provider payment • Benefit package Design • Consumer Protection System • Lesson learn, Success and Challenge 	National Health Security Office (NHSO)
1200-1300	Lunch	
1300-1500	Session 6: NHSO organization and NHSO study visit <ul style="list-style-type: none"> • Presentation on governing body of NHSO • Study visit at NHSO to see the flow of activities <ul style="list-style-type: none"> - Claim department, IT department and Customer Protection: Consumer service and Call center 	National Health Security Office (NHSO)
1500-1530	Summary and discussion, final questions and answers of the day	National Health Security Office (NHSO)

Day 4 24 th November 2022		
0900-1530	<p>Session 7: Social Participation in policy process Coffee breaks & Lunch include this session Venue: Hotel</p> <ul style="list-style-type: none"> • Overview on social participation in policy process • Tools applied at a national and provincial level • Skills and Capacity • Reflection <p>Method:</p> <ol style="list-style-type: none"> 1. Pre-assignment 2. Gamification 3. Interactive discussion 	National Health Commission Office (NHCO)
Day 5 25 th November 2022		
0900-1030	<p>Session 8: Lessons learned and the way forward Presentation by country: workshop assignment</p>	Thai UHC alliances
1030-1045	Coffee break	
1045-1230	<p>Session 9: Wrap up</p> <ul style="list-style-type: none"> • Final questions and answers • Conclusions and closing remarks <p>Coffee breaks include this session</p>	
1230-1330	Lunch	